

**Schedule E: In Kind Contributions****Sch-E**

<b>Sands for State House</b>		<b>Status:</b> <b>Filed</b>	
<b>Committee Type:</b>	State House	<b>Statutory Due Date</b>	10/19/2010
<b>County:</b>	_NA	<b>Adjusted Due Date</b>	
<b>District:</b>	88	<b>Filed Date</b>	
<b>Committee Code:</b>	1467	<b>Postmark Date</b>	
<b>Political Party:</b>	Republican	<b>Amendment Date</b>	

<b>Date</b>	<b>Name &amp; Address of Contributor</b>	<b>Relationship to Candidate *(if applicable)</b>	<b>Description of in Kind Contribution</b>	<b>Estimated Fair Market Value</b>	<b>"X" for Fund-Raiser</b>
8/27/2010 Comm # 6118	Iowa Optometric Association 6150 Village View Drive Suite 105 West Des Moines, IA 50266		Fund-Raiser (Holding)  Food cost provided to Fund Raiser	\$71.87	
10/14/2010	Sands, Thomas R 13247 130th Street Wapello, IA 52653	Self	Mileage  Non-Legislative Mileage for 2,819 miles at 2010 IRS allowable rate of .50 per mile.	\$1,409.50	

<b>Total Estimated Fair Market Value</b>	<b>\$1,481.37</b>
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